THE BUST GUIDE / BOOKS



HOW TO DRAG A
BODY AND OTHER
SAFETY TIPS YOU
HOPE TO NEVER NEED:
Survival Tricks for Hacking,
Hurricanes, and Hazards
Life Might Throw at You
By Judith Matloff

(Harper Wave)

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In the pages of *How to Drag a Body*, Judith Matloff offers some good survival

tips right when everyone seems to need them the most. The foreign correspondent and safety training expert teaches conflict reporting at Columbia's Graduate School of Journalism, runs personal protection workshops, and in this book, she comes in hot with wide-ranging, specific anecdotes and advice on hazards from revenge porn to frostbite. Reading this during a pandemic has both made me feel calmer and refreshed my sense of humor—two seriously underrated survival mechanisms in and of themselves.

Having a greater feeling of control over one's surroundings in a variety of different situations comes in handy even in regular times, though. As for the titular task of dragging a body, Matloff has steady advice: "Wait until first responders arrive." If you must take action, try to keep the body as flat as possible and avoid bending the neck. Another helpful hint? Tampons are great for plugging bullet holes. Who knew? —ROBYN SMITH



THEY DIDN'T SEE US COMING: The Hidden History of Feminism in the Nineties

By Lisa Levenstein (Basic Books)

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With the rise of the #MeToo movement and the Women's March, feminism has once again entered the mainstream, building upon the foundation laid by earlier movements. Author and

history professor Lisa Levenstein shows in this lively history how the third-wave feminist movement of the '90s was one that became more diverse, intersectional, and decentered. She opens her book by discussing the 1995 United Nations Fourth World Conference on Women, in which white middle class women formed global networks with women of other races and backgrounds and recognized the importance of a movement that encompassed more diversity. In addition, Levenstein emphasizes the importance of organizations founded by women of color in the '90s, which helped expand the focuses of the feminist movement. And she also chronicles how the rise of the Internet led to more alternative media and greater possibilities for political organizing and communication.

Through her extensive research, Levenstein paints a compelling picture of the great progress made by the activists of the '90s. She also provides inspiration for feminists today to continue their fight.

—ADRIENNE URBANSKI



RODHAM: A Novel

By Curtis Sittenfeld

(Random House)

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Last year, Hillary Clinton said that "the gutsiest thing" she had ever done was stay married to Bill Clinton. But what if she hadn't? Scratch that—what if she hadn't married him in the first place? *Rodham* begins as a fictionalized biography. Hillary graduates from Wellesley, heads to law school, and finds herself in

a passionate relationship with charismatic Bill Clinton, who then brings her to Arkansas post-graduation. Almost halfway through the novel, however, author Curtis Sittenfeld steers Hillary Rodham onto a very different path: she leaves Bill, drives back to Chicago, and begins her political career eight years before Hillary Clinton would.

In a word, *Rodham* is ambitious. Spanning decades, the narrative questions how America's political landscape might have looked if Hillary and Bill had been adversaries with a past. While delving into the mindset of one of America's most complicated public figures, Sittenfeld also tackles questions about love, power, and double standards. Her take on Bill's sexual misconduct allegations—yep, that part doesn't change—is particularly interesting, and ultimately, her spot-on characterizations of Hillary, Bill, and minor characters like Donald Trump, ground the novel even when it veers towards the outlandish. —LYDIA WANG



WANDERING IN STRANGE LANDS: A Daughter of the Great Migration Reclaims Her Roots

By Morgan Jerkins (Harper)

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Growing up, Morgan Jerkins "felt like an outsider among my blood, a feeling that would stay with me until I was an adult." In this memoir, she tries

to connect to the places in America her family first called home by visiting those sites. Jerkins knew that what her family couldn't remember—or had chosen to forget—"can be found in people you have yet to encounter and places where you have not yet traveled." So she heads to Georgia, South Carolina, and Louisiana, where she's met with a shock. Ultimately, her voyage puts a personal face on The Great Migration, a movement which led six million African Americans to leave the rural South throughout the mid-20th century.

For fans of "The 1619 Project," *The New York Times Magazine*'s series that recently reexamined the legacy of slavery in the United States, this book is an interesting companion piece. For a long time, Jerkins' family chose to look forward, not back. But what she found when she finally did retrace their steps was her true self. It had not been forgotten; it was just waiting to be discovered.

—SHANNON CARLIN